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Participant



Name Tyler Ray Germani Contingent Team Nova Scotia Hometown Baddeck

Type Athlete

Sport Cross Country Skiing



Results

1200 m Sprint Male No: 246 Final position: 25			
Competition	Tuesday, March 06, 2007	11:45	Mt. McIntyre Recreational Centre
10 km Race (classic, interval) Male No: 006 Final position: 35			
Competition(changed from 11:30 to 15:00)	Monday, March 05, 2007	15:00	Mt. McIntyre Recreational Centre
15 km Race (free, mass start) Male No: 040 Final position: 34			
Competition	Thursday, March 08, 2007	11:30	Mt. McIntyre Recreational Centre

Biography

Age 21
Height (ft, inches) 6'5"
Weight (lb) 170
Language(s) spoken English

Years I have participated in my sport

15

Club or School Team Dalhousie Tigers

Coach Stuart Germani, Sue Hill, Dan Hennigar

My goals for the 2007 Canada Winter Games

Ski strongly and consistently

My personal role model

Lance Armstrong

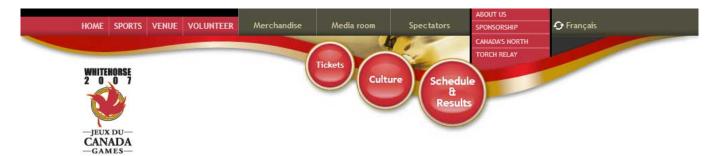
Other information that could be of interest to the media $% \left(\mathbf{r}\right) =\left(\mathbf{r}\right)$

2nd winter games









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Participant



Abigail Ruth Lewis Contingent Team Nova Scotia

Hometown Milton Type

Cross Country Skiing Sport



Results

4 x 3.75 km Relay Female Team: 008 Nova Scotia No: 2 Final position: 10		
Competition	Friday, March 09, 2007	11:30 Mt. McIntyre Recreational Centre
1200 m Sprint Female No: 150 Final position: 48		
Competition	Tuesday, March 06, 2007	11:30 Mt. McIntyre Recreational Centre
7.5 km Race (classic, interval) Female No: 108 Final position: 47		
Competition(changed from 13:00 to 16:00)	Monday, March 05, 2007	16:00 Mt. McIntyre Recreational Centre
10 km Race (free, mass start) Female No: 145 Final position: 45		
Competition	Thursday, March 08, 2007	13:00 Mt. McIntyre Recreational Centre

Biography

15 Height (ft, inches) Weight (lb) 145

Language(s) spoken english, french Years I have participated in my sport

Club or School Team Nova Nordic

Coach Stuart Germani, Sue Hill Position/Event/Sport cross country skiing

Other recent athletic or artistic accomplishments 1st place juvenile team- Canadian Nationals, Marathon Canoeing

3rd place mixed team-Canadian Nationals, Marathon Canoeing NSSAF Exemplary Participation Award

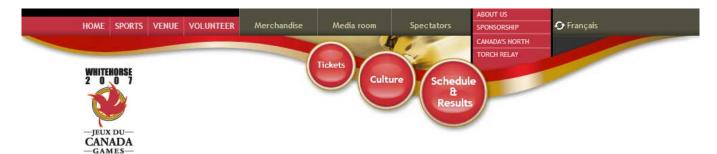
Sport Nova Scotia Female Team Athlete of the Month- July 2006

My goals for the 2007 Canada Winter Games

experience competing at a national level

My personal role model

Les Parsons



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Participant



Name Benjamin JP Roy
Contingent Team Nova Scotia
Type Athlete

Sport Cross Country Skiing



Results

1200 m Sprint Male No: 239 Final position: 49			
Competition	Tuesday, March 06, 2007	11:45	Mt. McIntyre Recreational Centre
10 km Race (classic, interval) Male No: 011 Final position: 47			
Competition(changed from 11:30 to 15:00)	Monday, March 05, 2007	15:00	Mt. McIntyre Recreational Centre
15 km Race (free, mass start) Male No: 048 Final position: 40			
Competition	Thursday, March 08, 2007	11:30	Mt. McIntyre Recreational Centre

Biography

Age 18









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Participant



Name Jennie Mae LC Roy
Contingent Team Nova Scotia
Type Athlete

Sport Cross Country Skiing



Results

4 x 3.75 km Relay Female Team: 008 Nova Scotia No: 4 Final position: 10		
Competition	Friday, March 09, 2007	11:30 Mt. McIntyre Recreational Centre
1200 m Sprint Female No: 153 Final position: 50		
Competition	Tuesday, March 06, 2007	11:30 Mt. McIntyre Recreational Centre
7.5 km Race (classic, interval) Female No: 117 Final position: 51		
Competition(changed from 13:00 to 16:00)	Monday, March 05, 2007	16:00 Mt. McIntyre Recreational Centre
10 km Race (free, mass start) Female No: 142 Final position: 43		
Competition	Thursday, March 08, 2007	13:00 Mt. McIntyre Recreational Centre

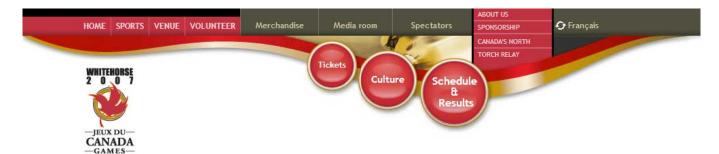
Biography

Age 17









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Participant



Name Lilla Marjorie C. Roy
Contingent Team Nova Scotia
Hometown Fort Ellis

Type Athlete

Sport Cross Country Skiing



Results

4 x 3.75 km Relay Female Team: 008 Nova Scotia No: 3 Final position: 10		
Competition	Friday, March 09, 2007	11:30 Mt. McIntyre Recreational Centre
1200 m Sprint Female No: 151 Final position: 38		
Competition	Tuesday, March 06, 2007	11:30 Mt. McIntyre Recreational Centre
7.5 km Race (classic, interval) Female No: 118 Final position: 38		
Competition(changed from 13:00 to 16:00)	Monday, March 05, 2007	16:00 Mt. McIntyre Recreational Centre
10 km Race (free, mass start) Female No: 133 Final position: 32		
Competition	Thursday, March 08, 2007	13:00 Mt. McIntyre Recreational Centre

Biography

Age 21
Height (ft, inches) 5'8"
Weight (lb) 135
Language(s) spoken English
Years I have participated in my sport

8 years of racing

Club or School Team Laurentian University Ski Team

Position/Event/Sport Cross country skiing

Games or championships that I have participated in

Year Full name of competition/sport/event Placing
2005 Canada Summer Games Cycling
2003/1999 Canada Winter Games Cross Country Skiing
01-06 Canadian National Championships









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Participant



Name Kate Scallion
Contingent Team Nova Scotia
Hometown Wentworth, Nova Scotia

Type Athlete

Sport Cross Country Skiing



Results

4 x 3.75 km Relay Female Team: 008 Nova Scotia No: 1 Final position: 10			
Competition	Friday, March 09, 2007	11:30	Mt. McIntyre Recreational Centre
1200 m Sprint Female No: 144 Final position: 37			
Competition	Tuesday, March 06, 2007	11:30	Mt. McIntyre Recreational Centre
7.5 km Race (classic, interval) Female No: 137 Final position: 30			
Competition(changed from 13:00 to 16:00)	Monday, March 05, 2007	16:00	Mt. McIntyre Recreational Centre
10 km Race (free, mass start) Female No: 126 Final position: 38			
Competition	Thursday, March 08, 2007	13:00	Mt. McIntyre Recreational Centre

Biography

Age 22 Height (ft, inches) 5'7 Weight (lb) 135

Language(s) spoken English, French Years I have participated in my sport

A long time...

 $\textbf{Club or School Team} \ \ \textbf{Arctic Fox, and Carleton University Nordic Team}$

Position/Event/Sport XC Skiing

My goals for the 2007 Canada Winter Games

To show improvement from the 2003 Canada Winter Games

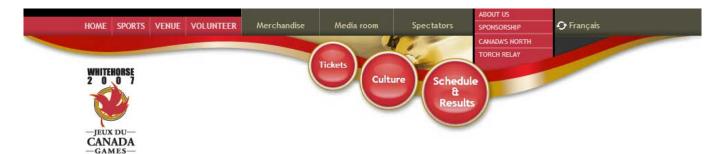
Other information that could be of interest to the media

This is my fifth Canada Games.









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Participant



Name Meggie Virginia Soehl Contingent Team Nova Scotia

Hometown Smithers, BC (live in Bedford, NS now)

Type Athlete

Sport Cross Country Skiing



Results

1200 m Sprint Female No: 143 Final position: 53			
Competition	Tuesday, March 06, 2007	11:30	Mt. McIntyre Recreational Centre
7.5 km Race (classic, interval) Female No: 104 Final position: 48			
Competition(changed from 13:00 to 16:00)	Monday, March 05, 2007	16:00	Mt. McIntyre Recreational Centre
10 km Race (free, mass start) Female No: 152 Final position: 50			
Competition	Thursday, March 08, 2007	13:00	Mt. McIntyre Recreational Centre

Biography

Age 15 Height (ft, inches) 5'8 Weight (lb) 138

Language(s) spoken English, French Years I have participated in my sport

11

Club or School Team Nova Nordic

Coach Stuart Germani and Sue Hill Position/Event/Sport Cross Country ski-ing

Other recent athletic or artistic accomplishments

- Attended Quebec provincials for triathlon, drummondville, 2006 $\,$

- Attended Eastern Canadian Championships, 2006

Games or championships that I have participated in

Year Full name of competition/sport/event Placing
2006 Atlantic Championships (pb time) 2
2006 Provincial Championships 2
2006 Eastern Canadian Championships

My goals for the 2007 Canada Winter Games

give 110% effort, learn from all the other athletes and race to the best of my ability.

My personal role model

Les Parsons, Beckie Scott, Chandra Crawford, Sara Renner, Marit Bjoergen $\,$

Other information that could be of interest to the media

- Also competes in triathlons.