

2018-2019 NOVA SCOTIA CROSS COUNTRY SKI TEAM SELECTION CRITERIA

SELECTION COMMITTEE

The Selection Committee consists of four (4) members: Chris Algar, Jennie Mae Roy, Tyler Germani, Daniel Murray

INTRODUCTION

The objective of Cross Country Nova Scotia (CCNS) in naming athletes to a Provincial Team is to share information, to build esprit de corps and friendships, and to provide competitive opportunities and learning challenges. CCNS will do this in conjunction with the athlete's club or personal coaches who should provide the primary leadership and coaching. Cross Country Canada's (CCC) Long Term Athlete Development (LTAD) model of athlete progression will serve to guide the progression of Nova Scotia's ski team athletes.

POINTS/PERCENTAGE CALCULATION

Athletes will be selected by comparing their times with the fastest athletes in Canada from the CCC Canada Points List races (CPL) for their respective age category. The percentage ranking relates to 80% (A team) and 65% (B Team) of the top 3 skiers on the CPL in his/her respective category.

For Nova Scotia events and other regional events the athletes equivalent CCC points will be calculated according to the CCC points calculation formula as outlined on the CCC website. In order to count as a selection race the race must have at least 2 skiers with CCC points racing the same distance as the athletes attempting to qualify in order to set the reference points for the race.

A TEAM Able/Para Athletes

The A Team will be open to athletes born 1988 - 2003. Midgets may qualify for the provincial team, but their percentage must be based on the top age group CPL for a first year juvenile athlete.

To be eligible for the A Team, athletes must meet the following criteria:

- Register for a CCNS registered club and have a CCC racing license for the 2017-2018 race season.

- Participate in at least 4 races, including 3 CCC sanctioned races. Other races may be Nova Scotia Provincial Championships, Loppets on the NS events calendar or competitive events in other CCC divisions.
- Score 80% of the average top 3 skiers in age group on Canada Points List at end of 2017-2018 ski season.

B TEAM - Able/Para Athletes

The B Team will be open to athletes born 1988 - 2003. Midgets may qualify for the provincial team, but their percentage must be based on the top age group CPL for a first year juvenile athlete.

To be eligible for the B Team, athletes must meet the following criteria:

- Register for a CCNS registered club
- Participate in at least 4 races, including CCC sanctioned events, Nova Scotia Provincial Championships, Loppets on the NS events calendar or competitive events in other CCC divisions.
- Score 65% of the average top 3 skiers in age group on Canada Points List at end of 2017-2018 ski season, or achieve 65% in both races at the NS Provincial Championships.

DEVELOPMENT TEAM - Able/Para Athletes

The Development Team will be open to athletes who are born between 1999 - 2006. The athletes must be nominated in writing by team or club coaches. Favourable qualities of potential development team candidates may include:

- strong attendance in a youth ski program with a CCNS club
- demonstration of personality qualities & technical abilities that suggest strong competitive potential
- Success and/or participation in other individual competitive sports
- To be eligible for the development team, athletes must also participate in a minimum of 2 loppets or races during the previous season.

Development Team athletes are expected to participate in a regular instruction program in the coming year.

Maintenance of Provincial Team and Development Team Status

To maintain provincial team and provincial development team eligibility for the 2018-2019 race season, athletes must meet the contractual obligations that were outlined in the athletes contract. Athletes who do not meet these qualifications will not maintain their team status for competitions.

The Selection Committee has the discretion to make exemptions for athletes who do not meet minimum expectations, based on force de majeure, injury, equipment failure, or other justifiable reasons approved by the Selection Committee. The intention is that all athletes should be committed to competitive skiing, as well as the team environment.

TRIP SELECTION

Official Team Trips

- Maritime Cup (A & B Team, Development Team)
- Eastern Canadian Championships (A & B Team, Development Team)
- Ski Nationals (A & B Team only. Development Team members may attend only on the discretion of the selection committee)

Team Trip Support

Athletes on official provincial team trips will receive the following support from the coaching/management staff:

- Representation at team captains meetings
- Wax support using team waxes and equipment
- Trail side support
- Trip planning and logistics

SELECTION CRITERIA APPEAL PROCEDURE

There are 2 levels of recourse to a decision with respect to the Selection Criteria: the first is a complaint to the Selection Committee; and the second is an appeal to the Appeals Committee.

1. Each athlete shall be responsible for trying to resolve any problem(s) which may arise by discussing it with the coach, coaches or other member of the Provincial program.
2. When a problem cannot be resolved to the athlete's satisfaction, the athlete may then present the matter in writing as a complaint to the Selection Committee Chairperson.

Complaints must be made within fourteen (14) days after the incident occurs. The Selection Committee shall review the issue and present a written reply to the athlete within fourteen (14) days from the date of receipt of the athlete's written complaint.

3. Direct your complaint to: Chairperson, CCNS Selection Committee
5516 Spring Garden Rd 4th floor
Halifax, Nova Scotia
B3J 1G6 Fax (902) 425-5606
4. Finally, if the problem has not been resolved to the athlete's satisfaction, or if the problem relates to a previous decision of the Selection Committee, the athlete may appeal the matter to the Chairperson of Cross Country Nova Scotia for resolution by the CCNS Appeals Committee as described below.
5. Appeals must be made within 14 days of receipt of the written ruling/decision on a complaint.
6. Content of the appeal:
 - Statement of the basis of the appeal and supportive argument.
 - If it is related to a race situation, describe the parties involved and references to any specific rules related.
 - Appeal fee of \$50.00, refundable if the appeal is successful.
7. Direct your appeal to: Chairperson, Cross Country Nova Scotia
5516 Spring Garden Rd 4th Floor
Halifax, Nova Scotia
B3J 3G6 Fax (902) 425-5606
8. The Chairperson of CCNS will convene a committee of three (3), made up of persons with cross country ski knowledge but not personally involved with the issue.
9. Process of the Appeals Committee
 - Review all of the information.
 - Determine what additional information they require.
 - Arrange for communication with the parties involved, which can be by way of personal appearance or teleconferencing.
 - Consider the evidence.
 - Make a ruling which will be final and not subject to further appeal.
 - Prepare a written decision, including:
 - definition of mandate
 - sources of evidence
 - findings of fact

- decision and reasoning.

2019 JEUX DU CANADA GAMES

Objective

To select up to 10 committed cross country skiers (5 male and 5 female) to represent Nova Scotia at the 2019 Canada Winter Games. Eligible competitors must be born between 1999 – 2004 (inclusive), except for the maximum of one male and one female born 1996 – 1998. Athletes are responsible for being familiar with selection criteria as it pertains to them.

Requirements

Selection is open to all athletes who meet the following requirements:

- Resident of Nova Scotia
- Member of a CCNS Club (before the Games)
- Hold a CCC racing license (before the selection race)
- Demonstrate commitment to training and physical fitness
- Maintain fitness leading up to and after selection races
- Attend a Canada Games information session (date TBA)
- Participate in the 2019 Eastern Canadian Championships
- Submit a letter of intent to CCNS by the end of May 31st, 2018. A letter of intent for athletes under 18 years old must be co-signed by a legal guardian.

Selection Process

- Participate in designated selection races (1 classic race and 1 skate race), which will be held in late December, 2018 and early January, 2019 (date TBA). In accordance with aforementioned age limitations, team selection will favour athletes who generate the best average CPL scores between the two races.
- Meet a minimum CPL qualification standard for selection, (65% for women and 70% for men) which will be derived from the average of the top 3 U23 athletes in each gender for the latest published CPL and must be met by all athletes selected to the team and in each technique.
- The Selection Committee may also consider;
 - Canada Points List (CPL)
 - Progression in results year to year
 - Evidence of commitment and training (logs, general fitness, and other results)
 - The Selection Committee will have the discretion to select athletes who have not fully met the criteria if they judge it would be beneficial for the development of the athletes and the sport. The Committee will also have the discretion to not

select an athlete if they feel he/she has not had sufficient experience or done sufficient training for Canada Games competition.

Force De Majeure

In the event of illness, injury, equipment breakage, family misfortune, or other exceptional circumstance an appeal may be justified. Force de majeure appeals must be submitted in writing within seven (7) days of the final selection races. The selection committee may consider results from the mandatory Yuletide race series if force majeure is requested for the Canada Winter Games trials.

Appeals

Appeals for Canada Games selection will be handled in the same process as for the Nova Scotia Team, except Complaints must be made within twenty four (24) hours after the incident occurs. (See Selection Criteria Appeal Procedure)